



Home

▼ Parents/Schools

▶ **FOOD for the BRAIN** Child Questionnaire

- ▶ Child Survey
- ▶ Food for the Brain Child Survey on GMTV
- ▶ Q&A on the Child Survey
- ▶ Healthy Breakfasts and Lunchboxes
- ▶ SAQ Training System
- ▶ Schools Project
- ▶ Smart Food for Smart Kids Shopping Guide
- ▶ Supplements for Smart Kids
- ▶ Understanding Food Allergies

FOOD for the BRAIN Child Questionnaire

Test your child's diet and performance with our **FREE on-line profile** that gives you personalised advice on simple changes to make to maximise their potential.

Search

FRIEND of FOOD FOR THE BRAIN

please sign in:

[Forgotten your login details?](#)

Free Mental Health E-News

[Click here to subscribe](#)

become a **FRIEND** of
FOOD FOR THE BRAIN

DO YOU NEED HELP?

Come to the **Brain Bio Centre**, our outpatient clinic, specialising in the 'optimum nutrition' approach to mental health problems.

Find out about nutrition for:

- 🌱 ADHD/hyperactivity
- 🌱 Autism
- 🌱 Bipolar Disorder
- 🌱 Dementia/Alzheimer's
- 🌱 Depression
- 🌱 Dyslexia/Dyspraxia
- 🌱 Schizophrenia